



THE FLOWER PRESS

PENN-CUMBERLAND GARDEN CLUB

MARCH-APRIL 2019

"59 Years and Still Blooming"

Member of National Garden Clubs, Inc.

FROM YOUR PRESIDENT



This is a busy time of year. We are involved with the **District IV Flower Show, "Here Comes the Parade,"** that is part of the Pennsylvania Garden Show at the York Expo Center. Many of our club members are involved as consultants, judges and hostesses. Several members are entering floral designs. Others are entering the horticulture part of the show. The show is Friday, March 1st through Sunday, March 3rd. Entries are to be submitted on Thursday, February 28th, from 2 to 6 p.m. The address is 334 Carlisle Avenue in York.

In addition to preparing for the above show, we are planning the **District IV meeting** that we are hosting on April 4th. The meeting will be held at the Lodge at Liberty Forge, 3804 Lisburn Road, Mechanicsburg. Tickets are \$30.00. The program is "Forest for the Birds". Since we are hosting, I hope everyone makes an effort not to just attend, but to help out.

Tap into your creativity and enter the **Trash to Treasure** contest at the district meeting. The winner at district will go on to competition at state convention. You can find detailed information on page 10 of the Keystone Gardener. The idea is to create flowers or foliage to be used in an arrangement or presented in your own original way, using re-purposed, recycled materials or other materials such as dried flower stems and seed heads to represent "Seasons in Bloom."

Right after the district meeting, I will be going to the 89th GCFP Annual Convention. The theme is "Seasons in Bloom." Convention will be held April 7-9 at the Blair County Convention Center in Altoona, PA. Lodging will be at the Holiday Inn Express. All club members are welcome to attend the state convention.

There will be a Tri-Refresher educational program at convention. This is approved by NGC for consultants in Landscape Design, Gardening and Environmental Schools to renew credentials.

Please note: There are revisions to the Winter Keystone Gardener magazine. Please check the calendar on the inside of the back page. **The changes are as follows:**

- **June 3-4 GCFP Board Meeting - Wyndham Hotel, State College, PA**
- **June 4-6 Symposium - Nittany Lion Inn, State College, PA**
- **October 14 GCFP Leadership Workshop - Wyndham Hotel, State College, PA 10:00 AM- 4:00 PM**
- **October 14-15 GCFP Board Meeting - Wyndham Hotel, State College, PA**

KAREN

PROGRAM FOR FEBRUARY 25TH - 10 A.M.



You might recognize **Carolyn Bupp** of **Cross Creek Farm** from the Annual PA Garden Expo in York as she and her husband Steve have won the Peoples' Choice Garden Award 11 times! Carolyn is a talented **gardener and floral designer** and Steve builds unique sheds. For our February meeting Carolyn will be sharing creative designs and ideas that are beautiful in the day time and will "Light up the Night." Bring your raffle dollars because some of Carolyn's designs will be part of the raffle to benefit Ways and Means!

Susanna Reppert-Brill, Program Chairman

MEMBERSHIP

Happy New Year to all our members of the Penn-Cumberland Garden Club!! Our first meeting of the new year was well attended by sixty-five members. We were pleased to welcome two new members bringing our membership to one hundred and sixteen.



Judith Ives - 207 Walnut Street, Lemoyne, PA 17043-1643.
267 615-3252 or 267 615-3065. No email



Gerald (Jerry) Waln - PO Box 242, New Cumberland, PA 17070-0242
717 608-2955 email: gwaln26@comcast.net
Interest: Photography, Public Speaking, Writing Ability.

We welcome these new members and will enjoy working with them on committees. Please add their information to your yearbook.

Anne Keck, Membership Chairman

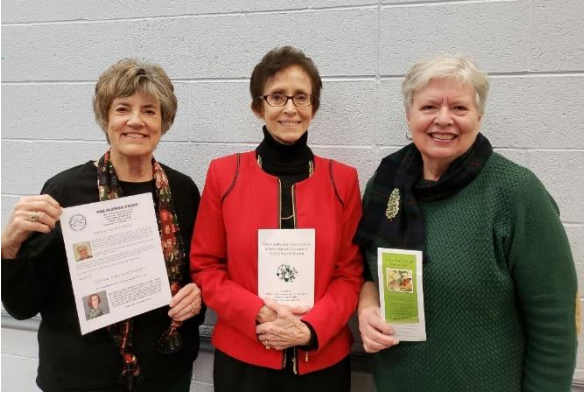
SCHOLARSHIPS



The 2019/2020 Penn-Cumberland Scholarship Applications for high school seniors and college students are available on the PCGC website <http://www.penncumberlandgardenclub.org>. The scholarships are offered to high school students and current college/university students who will major in Horticulture, Floriculture, Landscape Architecture, Conservation, Forestry, Urban or Regional Planning, Environmental Science, Botany or plant or ecology related studies. The deadline is March 31, 2019. Please contact Kay Rowe at 717-856-4685 for further information.

Kay Rowe, Scholarship Chairman

STATE AND NATIONAL AWARDS



Sheri Goff, Betty Pisano, Karen Schwarzbauer

The National Garden Clubs, Inc. gave their top awards to three of our members last year. Prior to being considered by the NGC Award Committee, each participant had to first win the top award at the Garden Club Federation of PA State Convention. All of our awards competed against other federated clubs with 100+ members.

Newsletter - Sheri Goff prepares a 12- page newsletter 5 times a year. The newsletter details all of the club's events and committee activities.

Benefit Manual - Betty Pisano prepared a "how to" manual with a timeline. Included were all of the tasks required by each committee for the club's largest, annual project--The Scholarship and Community Projects Benefit.

Membership Brochure - Karen Schwarzbauer created a flyer that lists the various PCGC committees with specifics about the various meetings.

Publicity Book - Karen also received the top award from the Central Atlantic Region of State Garden Clubs, Inc. for her work in preparing and documenting the club's publicity.

Yearbook 2017-2018 – Karen McAuliffe edited the yearbook, “Plant America Beautiful,” her theme for her tenure as President, which won **4th in the state competition.**

CONSERVATION

Reminder: **March** is bird month - please wear a pin or anything with birds to the regular meeting. **April** is butterfly month - please wear a butterfly pin or anything with butterflies to the regular meeting.



Also, be reading the labels on any cosmetics you are purchasing. Most companies but not all don't test on live animals. Look for the rabbit logo to identify the ones that don't test on animals. Unilever has announced its commitment to end animal testing within the next 5 years. The Humane Cosmetics Act will be acted upon this year so please let your legislators know your opinion on this subject. Information on this and other animal related legislation can be found on the Humane Society website.



Sue Kent, Conservation Committee Member

FLORAL DESIGN GUILD

We will be presenting our second workshop on **March 25th** at 10 AM in the Giant Community Room with Nancy Hackett as the featured designer. The cost is \$15.00 and all materials will be supplied except you will need to bring a pair of scissors or clippers. It should prove to be as much fun and educational as our first workshop.

Floral Designers will get a chance to use their skills as we will be making centerpieces for the tables at the District IV meeting on **April 4th**. Also, as is the custom, designers will be making table decorations for the 54th Annual Bertha P. Reppert Herb Tea on **May 20th**

Judy McGinnis, Chairman
Joyce Wallen, Co-chairman

CIVIC BEAUTIFICATION

The Civic Beautification Committee has taken on 2 additional gardens for the spring.

The Mechanicsburg Memorial Park--Pool Entrance

Karen McAuliffe is the lead on this garden. Our plan includes replacing some shrubs and planting annuals and perennials. We want to give the Mechanicsburg residents something really pretty to look at as they enter the pool during those hot summer months.



Unity Church Labyrinth Garden

Ann Markley is the lead on this garden. Arlene Taylor brought this garden to our attention. It is a wonderful terraced garden leading down to a labyrinth. Other than lirioppe surrounding the edge of the labyrinth, we are going to use all native plants in this garden.

Fern will include our spring work schedule on the To Do List. All are welcome to help--you don't have to be on the Committee to help us transform these neglected gardens back to PCGC showpieces.

Karen Schwarzbauer, Civic Beautification Chairman

MARCH 18TH PROGRAM



March is **Bird Month** so please wear a pin or a shirt depicting our avian friends. Our featured speaker is **Hoyt Lechthaler**, an **Eagle Scout** from boy scout Troop 190 who will share the process of building **Blue Bird Boxes** which he then set up on state game lands. The second portion of our program will feature PCGC club members from the **Birds, Butterflies and Wildflower Committee** sharing on the topics of **Gourd Bird Houses**, birds at the feeder and a fun test-your-knowledge slide show on birds.



Susanna Reppert-Brill, Program Chairman

TRAVEL COMMITTEE MAY TRIP TO MONTICELLO



May will be a lovely time to visit Thomas Jefferson's gardens at Monticello. The Travel Committee is planning a bus trip for May 8th, leaving the Radisson at 7:00 AM. There is a café there or you can bring your own lunch. We may split the group - while one group tours the house the other will view the gardens. We will leave around 4:00 PM and stop on the way home for dinner. The cost of the trip is \$120, includes admission but **not** meals. Sign up sheet will be available at the February meeting.

Gloria Basehore, Travel Committee Chairman

TRIBUTE TO FORMER PRESIDENT, JANE JOHNSON

Jane Loechner Johnson, Past PCGC President (2001-2003), was given a lovely tribute in *The National Gardener*, Winter, 2019. Kirk Brown (NGC Landscape Design instructor and a former benefit speaker for PCGC) referenced her in his article about landscape design. He called her a "great friend and fellow garden communicator." He considered Jane a mentor who was "passionately dedicated to enhancing the world with her brand of infectious humor and multi-faceted gardening skills." She moved to Laguna Beach, California a few years ago to be closer to her family. Jane passed away in 2018.



Jane, husband David, Kirk Brown

Karen Schwarzbauer

WAYS AND MEANS



January was a real success for money making! We made over \$150 with lots of members bringing gently used or new items to be re-gifted. We would love to hear feedback from members on this new version of our monthly raffle. We are considering doing it at two meetings per year rather than just one. We are still in need of people to donate gift cards, plants or like-new items for several meetings. Need one donation for April and two each for May and June. Email Lisa Garrison at lagarrison2013@yahoo.com with comments and/or your donations.

Lisa Garrison, Ways and Means Chairman

LOOKING FOR BIRD WATCHERS

We would like several people to take a week or two before the March meeting and write down what type of birds you find in your yard. Anything unusual? Birds playing with other animals, etc.? Document it and then let us know if you will do a short talk on what you have seen. Or Email me, Sue Kent, with the information. Have bird pictures to share? Bring to the March meeting and we will put them on display.



In April let's do it again with any pictures of butterflies we can put on display. Also include your location where you are observing birds and butterflies. For example, "I live west of Enola near the mountains" or "I was walking in Rolling Green Cemetery." Looking forward to hearing from you as Spring unfolds around us! Sue Kent, 717-732-9818, kentskats482@yahoo.com

P.S. I have pieces of a rope hammock that we are cutting up to supply birds with nesting material. Anyone that would like to help give me a call. We are also collecting scraps of yarn which can be brought to the next meeting.

Sue Kent, Birds, Butterflies and Wildflowers Co-Chairman

PLANT SALE - MAY 18TH - N.B. LEIBMAN



Penn-Cumberland's annual plant sale is coming up on **May 18th** this year. As in the past few years, it will be held at **NB Liebman Furniture Store** parking lot. Things will be different this year. We will **set up on Friday** from **3 PM** until finished. Plan to bring your plants that day instead of early Saturday morning. Lots of help will be needed to set up tents and tables and then to price and arrange plants. The **sale** will start on **Saturday** at **9 AM** and close at **1 PM**. **Mark your calendars** so you can plan to **bring plants Friday** and help make this a success again this year.

Start thinking about growing annuals from seeds, starting new house plants from cuttings and planning which perennials you can divide. Our customers always appreciate the wide variety of plants that come from our members' gardens!

Judy McGinnis, Plant Sale Chairman

HOSPITALITY



We will again be serving soup in February and March as part of our delicious luncheons after our meetings. Bring your own mug or bowl plus a plate, silverware and cloth napkin.

May 20th - 55th Annual Bertha P. Reppert Herb Tea



“Herbs for People and Pets”

Our speaker is Marcella Paraskevas-Ramirez from New Jersey. Marcella is a holistic practitioner and educator for humans and animals. In 1989 Marcella was involved in a motorcycle accident and was told she would never walk again. This is when she found holistic medicine. A year later she was walking, dancing and skiing. Her background includes: Clinical Herbalist, Certified Advanced Aromatherapist, Bach Flower Practitioner and she is a Natural Food Chef and Instructor. Come listen to Marcella share her wealth of knowledge that individuals will be able to apply in their everyday life.

We will be accepting donations for the Helen O. Krouse Animal Foundation, Inc. It is a non-profit, no-kill animal shelter for dogs and cats located in Dillsburg, PA.

Members, please register if you are attending so we can plan accordingly. We will have sign up sheets at our regular meetings. Guests are welcome for a \$10 donation. Plates, silverware and napkins will be provided but **bring your favorite tea cup.**

Jan James, Chairman/Leah Hornung, Co-Chairmen

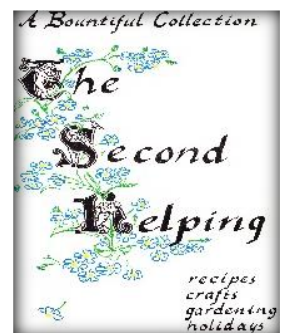
BOOKS AT THE LIBRARY - APRIL 26th and 27th AN NGC HORTICULTURE SPECIALTY FLOWER SHOW

PCGC is having our first horticulture specialty flower show at the Cleve J. Fredricksen Library, 100 N 19th St, Camp Hill. The show will be especially beautiful with exhibits of willows, flowering tree branches, flowering shrub branches, flowering perennials and bulbs, as well as educational exhibits. The Horticulture Section names are book titles related to the plants. The Educational Section book is PCGC's second cookbook, *The Second Helping*.

The flower show begins after judging, about 10:30am April 26 and ends April 27 at 4pm. It will be well attended as it is during the library's annual book sale.

Entries will be accepted Thursday, April 25, 3-6pm, and removed promptly after the show, Saturday, April 27, 4-4:30pm.

Flower show schedules are available during regular meetings. For a PDF copy via email, contact Joyce Wallen, wallenj7@gmail.com.



HORTICULTURE

In six short weeks Spring will be upon us. The plans for gardens you have dreamed about these past months will become a reality. At our last membership meeting, Diane Barge shared with us, "Seed starting how - to and tips." Another easy way to start plants indoors is to use root stem cuttings. Many plants root readily from cuttings. Stem cuttings can be taken in spring, summer or fall depending on the species. Pliable spring cuttings are called softwood cuttings. Semi-hardwood cuttings are a little more rigid and are collected in late summer, Hardwood cuttings are taken when plants are dormant in late fall or winter, stored for the cold months and rooted in the following spring. Here are some ideal plants for cutting.

- Bittersweet (Celastrus)
- Cassiope
- Crepe Myrtle (Lagerstroemia)
- Lantana
- Lavendar
- Serviceberry (Amelanchier)
- Smokebush (Cotinus)
- St. John's Wort (Hypericum)
- Plumbago
- Viburnum
- Witch Hazel (Hamamelis)



To root softwood cuttings follow these six simple steps.

1. Cut off a 4-6 inch section of new growth, cutting above the node close to the base. Do this in the morning when the plant tissues have the most moisture.
2. Remove leaves from the bottom half of the stem.
3. Coat the base of the stem in rooting hormone.
4. Insert the bottom inch of stem into a pre-moistened mix of half peat moss and half vermiculite. Tamp soil around the stem.
5. Mist stem and leaves with water and loosely place a clear plastic bag over the plant.
6. Place the covered plant 6 inches below a fluorescent light. Remove the plastic and transplant when the roots are coming out of the drainage holes or pressing against the sides of the pot.

If you are adventurous and try this method, you will reap the benefits of gaining an exact clone of a plant you love. Happy rooting!

Carol Hollis, Horticulture Chairman

BOOK REVIEW BY ANN MARKLEY



If you're looking for a good read, I'd suggest "**The Brother Gardeners**" by **Andrea Wulf**. The London Sunday Telegraph says, "This absorbing and delightful book about 18th Century botanists stands out among histories of plant hunting... the approach works superbly because Andrea Wulf makes us see her subjects so vividly.... Wulf is admirably clear about the botanical discoveries." The book is available at the Fredricksen Library and Barnes and Noble. Enjoy!

HAPPY BIRD DAY - MARCH 21st

March 21st is officially Pennsylvania Bird Day named by the Pennsylvania Legislature in 1968. Recently there was some doubt about this date, but after some investigation, proof of the event was found, as well as a copy of the newspaper article from 1968 under the headline: PENNSYLVANIA'S PERMANENT BIRD DAY. The article went on to say that "Governor Raymond P. Shafer signed a bill making March 21st Bird Day in Pennsylvania." The article concluded with this: "The Garden Club Federation of Pennsylvania can be justly proud of the work of its bird chairman and the state representative in making Pennsylvania's Permanent Bird Day a reality."

As has been our tradition for many years, Penn-Cumberland celebrates PA Bird Day at our March meeting. Eagle Scout, Hoyt Lechthaler, will share his interesting BLUEBIRD BOX PROJECT as our March program, and PCGC members will share photos and information about birds we see and care for in our own backyards.

Even though spring has begun its northward journey, now is not the time to let bird feeders go empty. Natural food supplies for wildlife are at the lowest point of the year. Insect populations are still low and the few remaining wild fruits, berries, seeds and nuts are either hidden or undesirable. Unpredictable weather doesn't make life any easier. And to make matters worse, this is all happening as many birds prepare for nesting season. Males need additional energy to defend their breeding territories and females need plenty of food to help produce eggs. Offer high-energy foods such as peanuts and suet – both loaded with fat and protein. You may see some songbirds share seeds with their mates in a courtship display called "mate-feeding". Later in the season you may see adults bringing fledglings to the feeder. Make sure your feeders are kept clean and remove wet or moldy seed beneath.

Birds provide a great way to understand ecosystems – if we want to hear nature's voice – all we have to do is follow the birds. Birds are good at taking care of themselves – but only humans can protect habitat. You can help protect birds by creating a bird-friendly yard. Use few or no pesticides, let dead trees stand, install birdbaths and use native plantings.

Birds spread their wings and bridge the gap between our world and the natural world. Let's celebrate these miracles of nature – Happy Bird Day!

Susan Wilder, Bird, Butterflies and Wildflowers Co-Chairman

PRESSED FLOWER DESIGNERS

A "Presser" Tip: You don't have to wait until Spring to press flowers. Purchase cut flowers from grocery stores or florists. Many of these flowers work beautifully. Carnations and roses are some favorites. Remove the stem; let the petals fall apart; and press the petals individually in a phone book. The Pressers usually use a tissue, deli paper, or a coffee filter under and over the petals when placing in a book. In a few weeks you can use the petals to create your own "flowers." Pictured here is a pressed design using carnation petals.

We would love to share more tips with you at one of our workshops – Join us Mondays, March 4 and April 1, Camp Hill Giant Community Room, Second Floor, 9am-Noon. No need to bring any supplies for your first visit we will enjoy helping you get started.



Karen Schwarzbauer, Pressed Flower Designers Chairman

The Penn-Cumberland Garden Club
Invites you to the
GCFP DISTRICT IV ANNUAL MEETING

April 4, 2019

at

The Lodge at Liberty Forge
3804 Lisburn Road, Mechanicsburg, PA 17050

9:00 AM – Registration and Continental Breakfast
9:15 AM – Presidents Meeting with Director
10:00 AM – Business Meeting
12:00 NOON – Lunch
1:00 PM – Program: Forest for the Birds by Audubon Society

MENU

Sautéed Boneless Chicken with Julienne Vegetables
in Brown Butter Sauce, Linguini with Herbs
Fresh Rolls and Butter
Dessert and Beverage

Registration: **\$30.00**

Make checks payable to **Penn-Cumberland Garden Club**

Deadline is March 26, 2019

Mail registration to:

Wanda Godar

415 Carmella Drive

Mechanicsburg, PA 17050



Please indicate if you have dietary restrictions

Name: _____

Address: _____

City, PA, Zip: _____

E-Mail/Phone: _____

Club _____ Dietary _____

State Officer: CAR Officer: District Officer: Club President: Club Member: Guest:

Directions to the Lodge at Liberty Forge:

From US 15:

Going south on US-15 take the Wesley Drive/Rossmoyne Road exit. Turn left on to Rossmoyne Road. At the T, turn right on to Lisburn Road. Look for sign on right for **The Lodge at Liberty Forge**. Turn right on to gated road and proceed to top of the hill. Parking is beyond the Lodge.

From Lancaster and East:

If using the turnpike, exit Harrisburg West Interchange, take ramp right for I-83 South toward Baltimore / York

At exit 39A, take ramp right and follow signs for PA-114

Turn left onto PA-114/Lewisberry Road

Bear right onto Old Forge Road/Forge Road

At the T, turn right onto Lisburn Road.

Look for sign on right for **The Lodge at Liberty Forge**. Turn right onto gated road to top of hill.

Parking is beyond Lodge.

From Chambersburg:

Go north on I-81

Take exit 59 toward Camp Hill/US-11 onto PA-581 E (Harrisburg Expy). Go for 5.3 km.

Continue on US-11 (Harrisburg Expy). Go for 2.9 km.

Take exit 5A-B toward Gettysburg onto US-15 S. Go for 3.7 km.

Take the exit toward Rossmoyne Rd/Wesley Dr/Rossmoyne. Go for 378 m.

Turn left onto Rossmoyne Rd. Go for 2.3 km.

At the T, turn right onto Lisburn Road.

Look for sign on right for **The Lodge at Liberty Forge**. Turn right onto gated road to top of hill.

Parking is beyond Lodge.

From Gettysburg or Biglersville:

Go north on US-15 to Wesley Dr./Rossmoyne Rd. exit.

Turn right onto Rossmoyne Rd.

At the T, turn right onto Lisburn Road.

Look for sign on right for **The Lodge at Liberty Forge**. Turn right onto gated road to top of hill.

Parking is beyond Lodge.

From York:

Go north on I-83 to Exit 32, PA-382 toward Newberrytown

Turn left onto Old Trail Rd/PA-382. Continue to follow PA-382 for 7.97 miles.

Turn left onto Cedars Rd/PA-114. Continue to follow PA-114.

At the T, turn right onto Lisburn Road.

Look for sign on right for **The Lodge at Liberty Forge**. Turn right onto gated road to top of hill.

Parking is beyond Lodge.

Penn-Cumberland Garden Club-The Flower Press

www.penncumberlandgardenclub.org

Sheri Goff, Editor

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Camp Hill, PA 17011

sgoff24261@aol.com

Newsletter Deadline: May/June issue – April 1, 2019

CALENDAR OF EVENTS

- February 25 – Regular Meeting, Camp Hill Borough Building – 10 a.m. (sign in begins at 9 a.m.)
- February 28 – Conservation Committee, Camp Hill Presbyterian Church – 9:15 a.m.
- March 1 – 3 - York Home and Garden Show with the District IV Flower Show, “Here Comes the Parade”
- March 2 – 10 - Philadelphia Flower Show
- March 4 - Pressed Flower Designers Workshop, Camp Hill Giant – 9 a.m. to Noon
- March 11 - Horticulture Committee, Camp Hill Giant – 8:15 a.m. to 9:00 a.m.
- March 11 - Board Meeting, Camp Hill Giant – 9 a.m. to 10:30 a.m.
- March 11 - Civic Beautification Committee, Camp Hill Giant – 10:30 a.m. to Noon
- March 18 - Regular Meeting, Camp Hill Borough Building – 10 a.m. (sign in begins at 9 a.m.)
- March 20 - First Day of Spring
- March 21 - Pennsylvania Bird Day
- March 25 – Floral Design Guild Workshop, Camp Hill Giant – 10 a.m.
- March 28 - Conservation Committee, Camp Hill Presbyterian Church – 9:15 a.m.
- April 1 – Deadline for Newsletter articles for May/June issue
- April 1 – Pressed Flower Designers Workshop, Camp Hill Giant – 9 a.m. to Noon
- April 8 – Horticulture Committee, Camp Hill Giant – 8:15 a.m. to 9 a.m.
- April 8 - Board Meeting, Camp Hill Giant – 9 a.m. to 10:30 a.m.
- April 8 – Civic Beautification Committee, Camp Hill Giant – 10:30 a.m. to Noon
- April 15 – Regular Meeting, Camp Hill Borough Building – 10 a.m. (sign in begins at 9 a.m.)
- April 20 – Earth Day Celebration, Mechanicsburg
- April 22 - Earth Day
- April 25 - “Books at the Library” entries accepted, Fredricksen Library, Camp Hill – 3 p.m. to 6 p.m.
- April 26 – Arbor Day
- April 26 – Conservation Committee, Camp Hill Presbyterian Church – 9:15 a.m.
- April 26-27 – “Books at the Library” NGC Horticulture Specialty Flower Show sponsored by PCGC

