



# THE FLOWER PRESS

PENN-CUMBERLAND GARDEN CLUB

MAY-JUNE 2019

"59 Years and Still Blooming"

Member of District IV, Garden Club Federation of Pennsylvania, Central Atlantic Region, National Garden Clubs, Inc.



## FROM YOUR PRESIDENT

In March I attended a meeting of the bylaws committee. Please read the proposed bylaw changes you have received prior to attending the April meeting. In addition I met Karen Schwarzbauer at the Mechanicsburg pool to determine what needs to be done to renovate the plantings there through the Civic Beautification Committee.

Our club hosted the District IV Semi-Annual Meeting on April 4, 2019 at The Lodge at Liberty Forge. I want to thank all club members who helped make it a success. Thanks to Wanda Godar and Betty Pisano who helped me select the venue. Nancy Fulk met with the event planner to do the layout of the room to include the Presidents' Gift Bag table, the Trash to Treasure entries,

Gift Basket Raffle, District Ways and Means and our Pressers table plus the yummy breakfast. Wanda made the nametags and she and Betty manned the registration counter. Robyn Collins decorated the charming gift bags. Karen Schwarzbauer, Lynn Garrett and Kay Rowe set up and manned the Pressers table. Sheri Goff and Kathy Brenneman were photographers. Robyn Collins and Nancy Rebilas sold raffle tickets. Thanks to all who provided breakfast goodies and helped set up. Thank you also to our greeters and to Joyce Wallen and the Floral Designers Guild for our delightful centerpieces ..... colorful baskets of violas and Easter eggs.

Our speaker was Ron Rohrbaugh, Director of Conservation Science and Forest Programs at Audubon Pennsylvania. His topic was "Forest for the Birds." He spoke on the various birds that became extinct due to DDT, loss of habitat and mass killing. We learned where they lived and how their range has moved North due to climate change.

One day after the District IV meeting we were off to Altoona for the State Convention. There were four attendees from PGC. Also attending was Nancy Fulk, Eileen Hoover and Kay Yniguez. When we came into the convention center, we saw all the educational displays. Our own Pressed Flower Designers had an attractive display created by Karen Schwarzbauer. Other displays were about creating hypertufa containers, Smokey the Bear, GCFP Horticulture Therapy's Facebook page, Penny Pines Project, Global Warming, Spotted Lantern Fly, Wildflowers, The Importance of Wetlands, activities of Town and Country Garden Club of Lancaster and a montage of Garden Clubs of PA. I attended two workshops. One was Diving into the World of Cut Flowers and the other was Hydrangea Care and Management. Two speakers at our meals spoke on Landscaping. Unfortunately, District IV did not win the Trash to Treasure contest.

The new officers were installed. Our new state president is Joyce Milberg. The next convention in 2020 will be in Cranberry Township, near Pittsburgh. District IV is hosting the 2021 Convention in Lancaster. Consider helping to plan for this event.

It has been an honor and a privilege for me to serve as your President for the past two years. My very best to Susanna Reppert-Brill as she takes the reins of this wonderful organization in June. Please "Keep on Planting American Beautiful!"

*Karen*

## *APRIL 15 TH GENERAL MEETING*

### *“ENCLOSED GARDENS FROM 1400’s TO 1800’s”*



Darlene Palanti is a landscape historian. She has studied the use of gardens through the ages up to the current use of yards. She specializes in a feminine look at the gardens. As an active gardener herself, her garden is naturalized with a constant fight with invasive species. Come and learn "What's behind that wall?"

Plan to arrive at 9 a.m. to sign in and pick up your name tag, pay your dues, shop the Pressers table, sign up for the 55<sup>th</sup> annual Bertha Reppert Tea in May and buy raffle tickets. Speaker will be at 10 a.m. with our business meeting after followed by lunch. Remember that we are a “green” club so bring your own place setting and a cloth napkin.

Susanna Reppert-Brill, Program Chair

## *ANNUAL DAFFODIL DISPLAY*

On April 15<sup>th</sup> at our meeting Betty Wilson and Sylvia Morelli will again display their early and midseason daffodils to **teach flower show entry**. They will demonstrate entering flowers by name, division and RHS color-coding. Let us sleuth out your garden daffodils by name, division and color-coding. Bring a daffodil from your collection to be evaluated by these amazing women. Only NAMED varieties win ribbons!



## *PCGC Specialty Flower Show - “Books at The Library”*



A Horticulture Specialty Flower Show sponsored by our club will be held on April 26<sup>th</sup> and 27<sup>th</sup> at the Cleve J. Frederickson Library, 100 N 19th St, Camp Hill. The show will be especially beautiful with exhibits of willows, flowering tree branches, flowering shrub branches, flowering perennials and bulbs, as well as educational exhibits. Entries will be received on Thursday, April 25<sup>th</sup> from 3 to 6 p.m. at the library. Please have your information about your entry ready when you arrive. There will be members of the club present to help you fill out the necessary entry cards. Return address labels are useful for putting your name on your entry cards.

The show will open after the judging on Friday morning. Plan to arrive about 11:00 a.m. to check on your entries and to view the entire show. It is also the weekend of the Friends of the Library book sale.

All entries and ribbons must be picked up on April 27<sup>th</sup> between 4 and 4:30 p.m. If you have questions, please do not hesitate to contact Nancy Fulk at [nfulk@comcast.net](mailto:nfulk@comcast.net).

Nancy Fulk, Flower Show Chair

## MEMBERSHIP

I am pleased to announce our membership now stands at 119. We have had several guests who were very impressed with the club and joined immediately.

Kris Vitale  
1705 Jerusalem Rd  
Mechanicsburg, PA 17050-2375  
215-715-2512  
KristinaVitale123@gmail.com



Jane Earle  
20 Red Fox Lane  
Mechanicsburg, PA 17050-1627  
717-728-4241  
Janeearle7@msn.com



Colleen Newfield  
6246 Manor Hill Circle  
Harrisburg, PA 17111-3868  
717-564-2592 717-512-6736  
crzyldy16.8@gmail.com



New address: Carole Spahr 3211 Emerson Way Mechanicsburg, Pa 17055-7042, 717-315-2347, cdspah@gmail.com

I will be collecting **annual dues** at the monthly meeting in **April and May**. The dues are **\$30.00**. Associate member dues are \$40.00. All dues must be paid by May 31st. No exceptions! Thank you for your cooperation. Fern will be sending out reminders and a Power Point presentation will be shown at the general meeting.

Anne Keck, Membership Chairman

## WEBSITE AND FACEBOOK UPDATE

As our old members know but perhaps our new members do not, in the past year we updated our website. That included changing the name from penncumberlandgarden.org to penncumberlandgarden**club**.org (old name is in the current yearbook). There is a password for members to use to access the Membership List and the list of the Executive Board members that is part of the website. Judy McGinnis is the contact person for the website. She can be reached at judyamcginnis@aol.com or 717-486-5315 (home) 717-479-0214 (cell) if you do not know the password.

Our club Facebook page is available for all to visit, like, comment and/or share. We would appreciate having more members "like" us and we would also like to request that those of you who are already listed as "friends" refresh your "like." We have had some technical issues. Also, if you are NOT a Facebook follower you can still see our Facebook page by opening our website and clicking on the Facebook page link there OR by doing a search for "Penn Cumberland Garden Club on Facebook." We would love to have some photos of your gardens ..... forward to **sgoff24261@aol.com** for a future post!

## IN MEMORIAM

**Rose Kocher**, of Mechanicsburg, passed away on March 4, 2019 at the age of 88. Rose may have been a petite woman but she had a giant-sized artistic talent.



She was Chairman of the PCGC Pressed Flower Designers for several years - we considered her one of our "Masters." As was stated in her obituary, "she was an avid gardener, collecting the flowers she grew and then pressing them to make cards, pictures, and ornaments to send to her friends and family." Rose was in an auto accident several years ago and her health never quite completely recovered. Her daughter gave the Pressed Flower Designers all of her pressed flower tools and they are still being used today.

Also, Rose was one of the illustrators for "Mrs. Reppert's Twelve Month Herbal" book. She did a total of 154 beautiful drawings for this book! Many of the drawings are single sketches of an herb but each are precise and carefully drawn. They are more beautiful for their simplicity.



We will miss seeing amazing designs with her R.K. on them.

Karen Schwarzbauer, Pressed Flower Designers Chair

## CIVIC BEAUTIFICATION



The Civic Beautification Committee is celebrating National Garden Week by dedicating the Demonstration Garden at Adams Ricci Park on **May 1st at 3PM**. What is a Demonstration Garden? A garden that is established to demonstrate different varieties of the same plants. The Adams Ricci Garden demonstrates different varieties of **Hostas** and **Daffodils**. All club members are encouraged to attend the Dedication. The Park is located at 100 East Penn Drive, Enola. Use the Magaro Road entrance, bear right. Garden is located by the 1st Pavilion on the right.



Karen Schwarzbauer, Civic Beautification Chair

## *FLOWER SHOW JUDGES COUNCIL*



The Central Area Judges Council held a Small-Standard Flower Show on March 14th at the Harrisburg Area Civic Garden Center, Inc. The show chairman was Nancy Cartwright, Master Judge. Other Penn-Cumberland participants were Eileen Hoover, Master Judge; Joyce Wallen, Accredited Judge and Judy McGinnis, Accredited Judge.

One of the educational opportunities that National Garden Clubs make available to its members are Flower Show Schools. Garden club members are encouraged to attend. When you complete the four courses, write a flower show schedule, judge as a Student, and exhibit in both horticulture and design, you can become a Nationally Accredited Flower Show Judge. With more judging experience, horticulture and design exhibits and additional course work, you can become a Life Judge and then a Master Judge.

The Central Area Judges Council's objectives are to bring advanced study to judges and to promote and sponsor Standard Flower Shows. All Nationally Accredited Flower Show Judges are encouraged to join a local Judges Council. Being a judge is a rewarding and educational hobby for me and I would encourage all of you to attend a Flower Show School even if you aren't planning on becoming a judge. You will learn so much and it will enhance your garden club experience. Photo shown was "Best of Show."

Nancy L. Cartwright, Master Judge

## *COURSE ONE OF ENVIRONMENTAL SCHOOL IS IN THE BOOKS!*

Series VI, Course I, of Environmental School was held by NGC/GCFP Chair Nancy Lambert Fulk, on Thursday and Friday, March 14th and 15<sup>th</sup>. We had interesting speakers who spoke on plants and their diversity, environmental issues, sustainability, ecology, backyard wildlife habitat, environmental actions and leaders, and networking and outreach. We then took a 2 hour walk at a nearby property, **Welkinweir** which is a 197-acre oasis of natural beauty featuring a 55-acre arboretum and historic estate house, as well as ecologically diverse wetland, meadow, and woodland habitats. The property is a living laboratory for the study of ecological issues, sustainability, and land stewardship, offering inspiration and education for visitors and community members.



Welkinweir is also the home of **Green Valleys Association**, a not-for-profit organization with a mission to protect and preserve the water resources of Northern Chester County through advocacy and education. There were twenty-two in attendance and the **NEXT CLASS IS AUGUST, 22-23, 2019**. You need not take the four courses in order. Jump in any time as the courses are offered continuously in various parts of the state or in surrounding states.

Nancy Fulk, Environmental School Chair

## HORTICULTURE FOR APRIL

*"May and June. Soft syllables, gentle names for the two best months in the garden year: cool, misty mornings gently burned away with a warming spring sun, followed by breezy afternoons and chilly nights. The discussion of philosophy is over; it's time for work to begin."* — Peter Loewer

As we look ahead to summer, there is much to do in our gardens and some local outings to consider. The horticulture committee is planning a **tour** of the **Fort Hunter Mansion and gardens** on **May 4<sup>th</sup> at 10 a.m.** Entry fee is \$5. We will have a summer event on **June 12<sup>th</sup> at 11 a.m.** at the **Paxtang Cemetery** which has been re-vitalized with perennial gardens and hundreds of new trees. There will be a program and a walk through the property.



### Here are some garden tips for the upcoming months:

- Start cutting back bulbs after the foliage has begun to yellow.
- Mulch new beds and top off mulch on beds previously mulched.
- Prune roses right before new growth gets going
- Dethatch, aerate and rake lawn.
- Seed thin or dead patches in the lawn.

### If pests are a challenge try some of these deterrents:

- Hang bars of strong-scented soap or use homemade garlic spray.
- Apply blood meal or repellent granules around plants.
- Plant flowers and veggies in containers on a porch or deck away from deer and rabbits.

### Some new plants of 2019 to investigate for your gardens are:

- **Primo Arborvitae:** resembles a Hinoki cypress and grows to 3 ft. tall and 2 ft. wide. It is a rich deep green color and turns bronze during winter.
- **Big Blue Salvia:** Loves full sun and the spires grow 2 to 3 feet tall. Hummingbirds, butterflies and pollinators flock to it.
- **Cat's Pajamas Catmint:**  
This petite catmint blooms early. It attracts pollinators to its dainty indigo flowers.
- **Canary Wings Begonia:** This plant has big, bold angel wing leaves that are canary yellow and transform to vibrant chartreuse. It gets many cherry red blooms that seem to glow against the contrasting foliage.
- **Baby Rose Nasturtium:** This has won an award from the All-America Selections. This tidy, compact growth plant, grows to about a foot tall and wide. Works well in containers and beds. The rosy color is unusual. The leaves and flowers are edible.

Carol Hollis, Horticulture Chair



**Catmint**



**Canary Wings Begonia**



**Nasturtium**

## AMES COMMUNITY GARDENS

***Gardening is the great multitasker: Not only does it count as exercise, burning up to 200 calories per half-hour, but research shows this hobby is the perfect stress-reducer and mood booster. All this and fresh veggies!***

Penn-Cumberland Garden Club members manage the day-to-day operation of this remarkable garden hub that has begun its ninth season this year. These gardens are an important part of the community providing garden plots for families to grow their own vegetables in a protected, pesticide-free environment. 129 organic garden plots are planted and harvested by local gardeners and over 1000 pounds of vegetables were donated to New Hope Ministries from the gardens last summer. All of the garden plots are occupied and vacancies are filled from a wait list of applicants.



The gardens were established in 2011 by a grant from Castle-Harland, Inc., then parent company of Ames True Temper, Inc. employing over 700 people. Duane Greenly, then CEO of Ames and his wife, Sue, had the vision and foresight to plan these gardens, including a storage shed with a supply of garden tools and a free supply of water with hoses and reels located to reach all plots. The perimeter is fenced to offer security and peace of mind. Gardeners include retirees, apartment dwellers and those who don't have space to garden at home.

Ames formed a partnership with Penn-Cumberland Garden Club to be the stewards of the gardens. The Community Garden Committee made up of 10 Penn-Cumberland members and 6 community gardeners who work together to maintain the integrity of the gardens, assign plots and keep records. The committee also maintains the flower beds and pollinator gardens around the garden plots, arranges for speakers to help gardeners learn how to be successful and survey the gardens each week to ensure the plots are kept in good shape. Susan Wilder and Doris Smith serve as co-chairs for this busy community garden with the help of Gloria Basehore, Ann Burnett, Duane and Sue Greenly, Ann Glasscock, Sheri Goff, and Donna Royal and five community gardeners.

Each garden season, these gardens come to life with food crops and colorful flowers that beautify a former industrial lot and help to provide food for the families of the gardeners that work to nurture and grow these unique garden plots.

This has been a great project for Penn-Cumberland Garden Club to help serve our communities, to spread the seeds of goodwill and to grow the love of gardening in Central Pennsylvania. If you would like to be a part of this exciting endeavor, contact Susan Wilder or Doris Smith.

Community Garden Co-Chair, Susan Wilder



## *A PRESSERS THOUGHTS .....*



Now that Spring has arrived, two of the best flowers for pressing are available-- Pansies and Violas. Just remember to pick them in the middle of the day when they are the most dry. Any moisture on the petals and leaves can result in black spots after pressing. Then place them between the pages of a book for 3-4 weeks.

All are welcome at our Pressed Flower Workshops at the Giant Community Room from 9am to noon Monday, May 6 and Monday June 3.

Thank You to Kathy Brenneman for taking the photo of the pressed flower "Lady in the Hat" design while attending the 2019 Philadelphia Flower Show. Micki Wach of the World Wide Pressed Flower Guild won a well-deserved Blue Ribbon for the design.



Karen Schwarzbauer, Pressed Flower Designers Chair

## *GARDENING SCHOOL*



Like mushrooms? Try growing your own as we learned how to do in gardening school. Nothing like eating mushrooms from a boiled roll of toilet paper and hiding them in a closet for three weeks and then setting in light for another three weeks and voila! You can cut and eat your very own homegrown mushrooms!

Photo: (L to R) Beth Harfmann, Ann Markley, Nancy Fulk, Joyce Wallen

Gardening School this time was Course IV. Another round of classes will start within the next year. Did you know that PCGC now has \$75 reimbursement for each session you take? No limit on how many .... just submit evidence of passing the test each time!

Nancy Fulk



# BIRDS, BUTTERFLIES AND WILDFLOWERS

**Event:** Bird and Wildflower Walk at Willow Mill Park

**When:** May 10 at 10 a.m.

**Where:** Park is located in Silver Springs Township

**Directions:** From the Carlisle Pike go North on Rt 114 (Hogestown Rd) to Willow Mill Rd at light on the left. Bear off to the right as you get to the park.

Bring a lunch with you, drinks will be provided. Also bring any memories you have of the amusement park that was located here!

*Live for today ... Dream of tomorrow ... Learn from yesterday*

Susan Kent, Birds, Butterflies and Wildflowers Co-Chair



## ALLOCATIONS

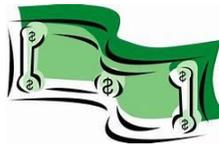
The PCGC Allocation Committee recently chose several organizations to receive donations. In 2018, PCGC raised monies from their Annual Benefit, Plant Fair, and Garden Tour. Plus, the Pressed Flower Designers sold items they created and the Ways and Means Committee sold items they collected. Four of the organizations received their checks at PCGC's March Regular Meeting:



Jenna Mitchell of the Alliance for the Bay received a check for \$500.



Paul Garrett of Green Cause (Capital Area United to Serve Environment) received a check for \$150.



Marci Mowery of the PA Parks and Forests received a check for \$600.



Gary Coburn and Georgeann Maguire of Hampden Township Veterans Recognition Committee received a check for \$500 from Robyn Collins, our Allocation Committee representative.



## 55TH ANNUAL BERTH REPPERT HERB TEA - MAY 20TH "HERBS FOR PEOPLE AND PETS"



Our speaker is Marcella Paraskevas-Ramirez from New Jersey. Marcella is a holistic practitioner and educator for humans and animals. In 1989 Marcella was involved in a motorcycle accident and was told she would never walk again. This is when she found holistic medicine. A year later she was walking, dancing and skiing. Her background includes: Clinical Herbalist, Certified Advanced Aromatherapist, Bach Flower Practitioner and she is a Natural Food Chef and Instructor. Come listen to Marcella share her wealth of knowledge that individuals will be able to apply in their everyday life.

We will be accepting donations for the Helen O. Krouse Animal Foundation, Inc. It is a non-profit, no-kill animal shelter for dogs and cats located in Dillsburg, PA.

Members, please register if you are attending so we can plan accordingly. We will have signup sheets at our regular meetings. Guests are welcome for a \$10 donation. Plates, silverware and napkins will be provided but **bring your favorite tea cup.**

Jan James and Leah Hornung, Co-Chairs

## PLANT SALE - MAY 18<sup>TH</sup> - N.B. LEIBMAN

Penn-Cumberland's annual plant sale is coming up on **May 18<sup>th</sup>** this year. As in the past few years, it will be held at **NB Liebman Furniture Store** parking lot. Things will be different this year. We will **set up** on **Friday** from **3 PM** until finished. Plan to bring your plants that day instead of early Saturday morning. Lots of help will be needed to set up tents and tables and then to price and arrange plants. The **sale** will start on **Saturday** at **9 AM** and close at **1 PM**. **Mark your calendars** so you can plan to **bring plants Friday** and help make this a success again this year.

Start thinking about growing annuals from seeds, starting new house plants from cuttings and planning which perennials you can divide. Our customers always appreciate the wide variety of plants that come from our members' gardens!

Judy McGinnis, Plant Sale Chair



*ROUGUES GALLERY ...*

*DISTRICT IV MEETING HOSTED BY PCGC - APRIL 4<sup>TH</sup>*



*GCFP STATE CONVENTION - ALTOONA - APRIL 6 - 8*



Penn-Cumberland Garden Club – The Flower Press

[www.penncumberlandgardenclub.org](http://www.penncumberlandgardenclub.org)

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Newsletter Deadline: September/October Issue – August 1, 2019

April 15 – Regular Meeting – Camp Hill Borough Building – Doors open at 9 a.m., Speaker at 10 a.m.

April 20 – Celebration of Earth Day in Mechanicsburg – all day                      April 22 – Earth Day

April 25 – Bring entries to Fredericksen Library for PCGC Horticulture Flower Show – 3 p.m. to 6 p.m.

April 26 – Flower Show at Fredericksen Library – Judging first with show opening about 11 a.m. until 4 p.m.

April 26 – Arbor Day and Conservation Meeting, Camp Hill Presbyterian Church, 9:15 a.m.

April 27 – Day Two of Flower Show at Fredericksen Library – 10 a.m. to 4 p.m. Entries removed from 4 to 4:30 p.m.

May 1 - Dedication of PCGC Demonstration Garden at Adam Ricci Park – 3 p.m. – all club members invited!

May 4 – Tour of Fort Hunter Mansion and Gardens sponsored by Horticulture Committee – 10 a.m. \$5 entry fee

May 6 – Pressed Flower Designers Workshop, Camp Hill Giant – 9 a.m. to Noon

May 10 – Nature Walk at Willow Mill Park sponsored by Birds, Butterflies and Wildflowers – 10 a.m.

May 13 – Horticulture Meeting, Camp Hill Giant – 1 p.m.                      May 13 – Board Meeting, Camp Hill Giant – 2 to 3:30 p.m.

May 13 – Civic Beautification, Camp Hill Giant – 3:30 p.m.

May 20 - Regular Meeting – Camp Hill Borough Building – Doors open at 9 a.m., Speaker at 10 a.m.

May 23 -Conservation Meeting, Camp Hill Presbyterian Church, 9:15 a.m.

June 2-8 – National Garden Week                      June 3 – Pressed Flower Designers Workshop, Camp Hill Giant – 9 a.m. to Noon

June 6 – World Environmental Day

June 10 – Horticulture Committee, Camp Hill Giant – 8 a.m.                      June 10 – Board Meeting, Camp Hill Giant – 9 a.m.

June 10 – Civic Beautification, Camp Hill Giant – 10:30 a.m.

June 17 – Regular Meeting – Camp Hill Borough Building – Doors open at 9 a.m., Speaker at 10 a.m.

