



THE FLOWER PRESS

PENN-CUMBERLAND GARDEN CLUB NOVEMBER-DECEMBER 2019
Member of District IV, GCFP, CAR & National Garden Clubs, Inc.

"Sixty Years of Sparkle-Another Year to Shine"

President's Corner Susanna

Here are a dozen easy (and free) ways to support your club:

Invite a friend or neighbor or church pal to a meeting.

Contribute plants from your garden to the spring plant sale.

Donate quality items you no longer want to the ways and means table for the fall Benefit.

Pull weeds at one of our many Civic Beautification projects

Like us on Facebook and share one of the PCGC posts to your page.

Attend a trip or tour sponsored by Travel, Horticulture or Birds, Butterflies and Wildflower Committees.

Bring Magazines to the regular meetings to share with members.

Participate in "Sharing your Garden Wisdom" (December is sharing of extra holly and greens).

Join Pressers (Here's a little secret -- at the first meeting you get to keep your creations 😊).

Save hard lids and old toothbrushes for Terracycle; it helps the environment and earns money for the club.

Help with the revised Garden Therapy committee at the Claremont Nursing Home.

And finally – attend the meetings --- come, learn and enjoy! PCGC has a lot to offer to you as well!



Susanna

Susanna's "Tussie Mussies" go to



Peggy Greene, the sheriff of the kitchen! She arrives early to get the kitchen organized and the hot water boiling. She supervises the set up and clean up of our luncheon and is the last to leave the Camp Hill Boro Building each month insuring we have left our meeting place in tip top shape.

Lois Kriens quietly runs our AV equipment at every meeting, organizes an agenda and hospitably helps the speakers run their power point programs.



Thank you both for the important role you play every month at our meetings!

Our upcoming meeting



Our **October 21st** meeting will be presented by Scott Carver of Ashcombe Farm and Greenhouse. His topic is "How to Maximize the Health of your Trees, Shrubbery and Perennials for Winter." Scott previously was in sales and landscape design at Sunset Gardens. He is a member of the International Oak Society and the American Conifer Society.

Plan to arrive between 9 a.m. and 10 a.m. for our monthly meetings. Sign in, pick up your nametag, buy raffle tickets, shop at the Presser table, and chat with friends until our speaker begins at 10 a.m. We will enjoy the speaker first, then have our business meeting followed by lunch! Remember your place settings and a mug or glass for a beverage. Don't forget your **dried herbs** for the exchange!

Bonita Lewis, Program Chair

Please note that there is not a regular monthly meeting in November. Instead we encourage ALL members to attend the Benefit on Monday, December 2nd and invite friends and family to join you. If you cannot attend please consider donating something to the Benefit baked goods, a raffle item, gently used quality items for the "ways and means" table, cut greens or a cash donation to support this important fundraiser.

Our December program will feature our own designers demonstrating holiday décor from other cultures plus we will have our 5th annual cookie exchange. Details will be in the next newsletter.

HEAR YE, HEAR YE!

PCGC's **50th** Scholarship Benefit - **December 2nd 2019**

Have you purchased your benefit tickets? Have you invited family and friends to join in the enjoyment of an entertaining day of fellowship, dining and shopping? Tickets are available by contacting Betty Pisano at 717-732-4631, or betpisano@aol.com. You can mail a check, for \$38 per ticket made out to PCGC, to Betty at 15 Wetherburn Road, Enola, PA, 17025.

Our entertainment for the day will be a presentation entitled, "Amazing Floral Designs incorporating Metal Sculptures." Two renowned individuals are teaming up to provide an innovative demonstration. Our speakers are Julia Clevett and Bridgette Swepston. Julia is a National Design Instructor, a Master Flower Show Judge, a Former President of the garden Club of Watchung, and Former President of the Garden Club of New Jersey. She is currently a member of the National Garden Clubs Inc. Executive Board and holds the position of NGC Symposium Chairman. She is also a member of the NGC Flower Show Schools Committee. Bridgette lives in Powhatan, Virginia and is a member of the Powhatan Garden Club. She is a former flower show judge, and has been in Fine Arts and Flowers at the Virginia Museum on six occasions with her metal sculptures and floral designs. She designs, makes and welds all of the sculptures herself. Bridgette enjoys making floral arrangements using her sculptures and flowers from her yard.

This is our biggest fundraising event by which we award scholarships to students pursuing a degree in horticulture or environmental science fields. In order for this to be successful, we need **every member** to contribute by attending the luncheon, volunteering your time behind the scenes prior to the benefit, or volunteering the day of the benefit. Below are ways in which you can contribute to the success of the benefit.

- **Bring greens** the day of the benefit to be sold. **Greens** include: evergreen cuttings from assorted pine trees, arborvitae, ewes, holly, boxwood, curly twigs and assorted pinecones bagged.
- **Bring baked goods** and beyond that include:
 - Cookies
 - Breads
 - Fudge
 - Cupcakes
 - Homemade jams or jellies
- **Donate items for the Ways and Means Table.**
 - Items can be brought to Janet Kissinger's home – 1908 Logan Street Camp Hill. **Please call first 717-761-2364.** Gently used good quality holiday décor items are especially desired.
 - Volunteer to help make the boxwood trees.
- **Raffle Baskets**
 - Donate gift cards to be included in baskets
 - Create a gift basket – valued at \$50
 - Donate an item of appeal that would be worth \$50 as a raffle item.
 - Volunteer to distribute the raffle items to the winners at the benefit.
 - Contact Nancy Toole for specific suggestions - 717-259-8098.

Our club motto states: **"Every member a working member!"** I am confident you will assist the committee chairs to make this a successful **50th Benefit.**

Carol Hollis – Benefit Chair

Travel Committee Trip - Wednesday, October 23rd



Ned Smith Center for Nature and Art, 176 Water Company Road, Millersburg, PA 17061, www.nedsmithcenter.org. The Ned Smith Center for Nature and Art celebrates the life and works of its namesake, the nationally recognized wildlife artist, naturalist and writer Ned Smith. The center includes three gallery spaces and a gift shop that are open 10:00 – 4:00. The gallery permanently features selections from the collection of hundreds of original paintings, drawings, field sketches, journal notes and manuscripts.

The center also encompasses more than 500 acres of forest and meadow that stretch from the scenic Wiconisco Creek to the top of Berry's Mountain. The land includes a mature hardwood forest alive with deer, bear, wild turkey, grouse, fox, along with hundreds of species of songbirds, insects and reptiles. The center's lands lie within the corridor for the annual fall migration of hawks, eagles and falcons. Hiking the 12 miles of trails is permitted from sunrise to sunset. Because hunting is permitted on certain areas of the center's lands, the center strongly encourages everyone using the trails during all hunting seasons to wear orange. Orange vests are available for loan from the gift shop during open hours, Tuesday through Saturday, 10 a.m. – 4 p.m.

Lunch (Noon): The Swing Restaurant, Lykens Valley Golf Resort ,1724 Route 25, Millersburg, PA 17061
www.lykensvalley.com/barandgrill

After lunch: For those interested in an excursion on the way home, we will stop at Butcher's Farm Market and an antique store in Newport. Butcher's Farm Market, 590 North 4th Street, Newport, PA 17074 www.butchersfarmmarket@pa.net The market sells fruits and vegetables grown on their farm as well as homemade baked goods prepared daily and fresh and potted flowers.

Transportation: Car Pool from Camp Hill Borough Building. There will be two car pools, one leaving at 9:00 for those wishing to tour the galleries and gift shop and do just a bit of walking and an earlier one leaving at 8:00 for those wishing to do more hiking before the galleries open.

Please feel free to invite family and friends. If you are interested, please send an email to Judy Patrick at japjap163@gmail.com and include the following information.

- Your name and the names of any family and friends
- Departure Time - 8:00 a.m. or 9:00 a.m.
- Can you drive?
- If you are going to be a driver, include how many people your car can hold.

Winter Trip – We are planning to visit our newly adopted wolf, Violet, and her friends in January or February at the Wolf Sanctuary of PA in Lititz.

Norma Frame and Judy Patrick – Travel Committee Co-chairs

Scholarships

The application for 2020-2021 scholarships is available on our website: www.penncumberlandgardenclub.org. High school seniors and current college students are encouraged to apply if they are majoring in: Horticulture, Floriculture, Landscape Design, Conservation, Forestry, Urban Planning, Botany, Environmental Science. Contact Sue Greenly at 717-303-9121 with questions. State and national applications are available at www.pagardenclubs.org.

Sue Greenly, Scholarship Committee Chair

Horticulture



Steve Buckwalter's garden



Gateway to the Harrisburg Cemetery



PSU Trial Gardens

As our beautiful autumn dissipates along with the pungent air, we prepare for the coming of Old Man Winter. Let's take a quick look back upon the local sites we ventured to visit in September and October.

In September, we went to the PSU trial gardens. We saw first-hand how the gardens are living laboratories and garden classrooms for horticulture, plant pathology and entomology. We learned commercial visitors use the gardens to develop plant lists knowing that varieties have been fully tested in this climate and under standard cultural conditions. Others use the trials for photography, relaxation, inspiration or simply selecting the best plants for their own gardens. We also were able to visit a private garden in Landisville that was a hidden treasure trove within the suburbs of Landisville. The pictures are samples from the trial gardens and the private residence garden.

In October, we visited the Harrisburg Cemetery. This cemetery was formerly known as Mount Kalmia Cemetery and is located in the national historic district in Harrisburg. This cemetery was officially founded in 1845 and is a burial ground for American Revolutionary War soldiers. This is a hidden historical treasure located right in our local backyard. The Master Gardeners have a goal of creating an arboretum on the grounds of the cemetery. The cemetery is home to an astonishing variety of trees. There are flowering dogwoods, cherry trees, cedars, ashes, oaks and maples. They have a global pedigree: not far from the entrance is a towering European beech, whose gray trunk looks like a swollen elephant leg, and nearby is a bald cypress, native to the United States, with a thin coat of feathery needles. There's a dawn redwood from China, several Korean dogwoods and at least one English Hawthorn that, despite its name, is believed to hail from Africa. The trees, combined with the grounds' crisscrossing avenues, lend the cemetery the feel of a park. The effect is deliberate and reflects a taste in the mid-19th century for cemeteries one could visit and walk around. Nowadays, visiting a grave with a purpose other than to mourn can seem like a form of trespassing or disrespect, but, in the last century or two, it was nothing unusual.

As we prepare for the frigid temperatures of the upcoming winter months, our hearts will be warmed by the remembrances of the PSU trial gardens, hosta residence garden and the Harrisburg Cemetery park like setting. Stay tuned for additional garden adventures in the upcoming spring and summer months.

Carol Hollis, Horticulture Chair



Membership



We handed out 77 *Diamond Jubilee Yearbooks* to the members who attended our September regular meeting. The yearbooks will also be available for pick up at our October regular meeting for those who have not received them to date. The remaining books will then be mailed out to those members who have not received theirs.

If you have any changes for our records, contact me at betpisano@aol.com or call 717-732-4631.

Please make the following corrections in your yearbook:

Ruth Zook
3103 Messiah Way
Mechanicsburg, PA17055-8624
Phone: 717-795-7182
mrzook3103@gmail.com

Darlene Palanti – email – dapalanti@gmail.com

Betty Pisano, Membership Chair and Sandy Green, Co-Chair

Floral Design Guild

The Floral Design workshop is coming up on Monday, October 28th. Cost is \$15 to be paid at the time you sign up. The workshop will be held from 10 a.m. to Noon at the Camp Hill Giant, second floor.

On Sunday, December 1st, we will be making table centerpieces for the Benefit. Please put this date on your calendar now and plan to attend as we will need your help. All club members are welcome to join us even if you are not in the Guild.

For the December 16th meeting the Floral Designers are providing the **Grow and Bloom** display which will be wreaths decorated for a holiday. There will be a sign-up sheet at the October meeting for members interested in making a wreath. The wreath can be traditional or creative; may include a card listing material used; must contain some plant material; and no artificial plant material permitted.

Judy McGinnis, Chair Joyce Wallen, Co-chair



Allocations

The Allocations Committee will be meeting Thursday, October 24 to begin review of suggestions offered by club members for consideration for our 2019-20 allocations. I only have one suggestion at this point. Remember, you helped earn the money. Now is your time to offer suggestions of efforts or organizations for us to consider, not after we've evaluated all and are ready for your approval. Please submit your suggestions in writing to Ann Markley at: amarkley103@gmail.com or text 717-881-0286.

My Gardening Passion

Fairy tales, children's books & true life biographies have always fascinated me. The stories and more often than not the authors have inspired me, made me daydream, worked their way into my subconscious, peaked my overwhelming curiosity with nature, soothed my soul and put a smile on my face. Sounds just like what we often feel in our gardens. As soon as I was able to have my own library card I remember scouring the shelves looking for real life people who did amazing things in nature. I met Tasha Tudor twice in my life, once as a precocious seven year old & again when she spoke to the Heartland Herb Society. What I remember as a child was a yard with huge trees filled with chickens, dogs & cats all making a peaceable kingdom & she had a dollhouse I dreamed about for years. My mother and her sister, huge fans in 1957, found her house on one of their adventures. Tasha's thirst for knowledge and botanical correctness came through in all her books. One of my favorites of Tasha's is "A Basket of Herbs" dedicated to the The New England Unit of the Herb Society of America. Once again a language of flowers and herbs.

I've always loved the tales of Beatrix Potter and started collecting her tiny books in my early twenties when my father gave me my first copy of The Tale of Peter Rabbit. When Peter's mother gave him chamomile tea you knew she knew how to settle an upset stomach. It was common knowledge used in daily life and here it was in a fairy tale. I had to grow my own chamomile, both types German (Chamaemelum mobile) & Roman (Matricaria recutita). Beatrix Potter's biography, "A Life in Nature" written by Linda Lear is the definitive book written about this scientific illustrator.



In 1983 on a Rosemary House bus trip to Caprilands in Connecticut I won a copy of Kate Greenaway's book "The Language of Flowers". I instantly fell in love with her graceful innocent drawings picturing a bygone era. But it wasn't just her drawing it was this hidden language that grabbed my heart. I had to know how to send coded messages and looked for meanings of every plant I came across. One time I made 150 tussie mussies for a retirement home, all with meanings! One of my favorite flower language books is "Flower Children" the little cousins of the field & garden. This book was first published in 1910, my copy from 1939. The author Elizabeth Gordon wrote, "a seed, little friends, is really a plant or a tree all wrapped up in a little brown bundle." In her book Flower Children, a four line verse describes each flower child. One of my favorites, " Burdock and his family, With the gardener don't agree; But Burdock says if he's your friend, He'll stick to you until the end. *I wish you could see the little burr covered sprite. The illustrations were done by MT Ross (Penny), a clever artist who melded perfectly with Elizabeth Gordon.



The Pied Piper of Hamelin originated in Hamelin, Germany. It's 1284 and the German city is being overrun with rats. Enter the Pied Piper, a Middle Ages exterminator. He may have used more than music in luring the rats out of town. Legend suggests that he also employed valerian, an herb known to both intoxicate cats and attract rats. Go figure! Incidentally Robert Browning wrote a poem in 1842 called the Pied Piper of Hamelin and it was illustrated by Kate Greenaway and published by Frederick Warne. Norman Warne was the third son of the Frederick & the husband of Beatrix Potter. Oh how all these amazing authors loved their gardens!

Frederick Warne went on to publish the highly successful author Cicely Mary Barker. Her Flower Fairy series shows an incredible knowledge of nature. Her drawings are botanically correct with insects and birds that are attracted to the plants. So much information for the inquiring mind.

I have a copy of a 1940's era Goldilocks and the Three Bears where it takes two pages to describe the garden walkway to the bears cottage. I had to look up the plants by their common names which were really cute. Boxwood called Simply 'Box', Good King Henry aka Chenopodium poor man's asparagus & Gilly flower which is most likely a carnation. Imagine a version of the Three Bears that opens a child to a whole garden walkway.

I hope you will look under the proverbial cabbage leaf and see what you can find to inspire your love of gardening, nature and this amazing world around you. In the words of the poet Mary Oliver, "**Never Stop Being Amazed.**"

Terri Maclay

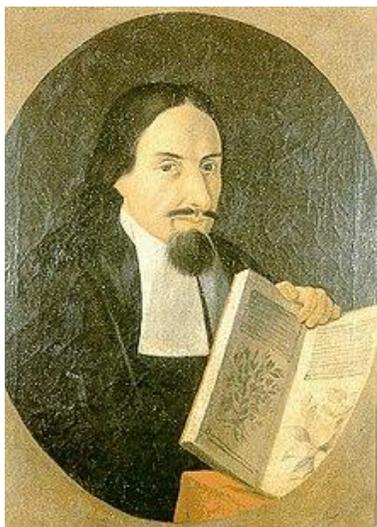
We Are Part of the World Around Us

Birds, Butterflies and Wildflowers and Conservation Committees are concerned with issues that affect our world. We share helpful and informative information. Join our Conservation Committee on Thursday, Oct. 31 from 9:30 a.m. to 11:30 a.m. on the 2nd floor of the Giant in Camp Hill on Trindle Road and on Nov. 21 from 9:30 to 10:30. You are also welcome to join the events planned by the Birds, Butterflies and Wildflowers Committee.

We've heard a lot recently about the plight of our vanishing songbirds. 1 in 4 birds has disappeared in the last 50 years. Studies signal an urgent need to avert continued biodiversity loss. According to Cornell Lab and American Bird Conservancy, "these bird losses are a strong signal that our human-altered landscapes are losing their ability to support wildlife – and that is an indicator of a coming collapse of the overall environment." It shows that our world has changed much since 1970. Over 90% of the loss of birdlife in North America comes from just 12 avian families, including sparrows, blackbirds, and finches. These common birds represent the greatest losses. A glimmer of hope is that some birds – raptors, waterfowl and turkeys are doing well because governments and societies have invested in saving them. It shows what's possible when commitments are made to bird conservation. According to Cornell there are seven simple actions we all can take to help birds:

1. **Make windows safer, day and night** - Up to 1 billion birds die each year after hitting windows. On the outside of the window, install screens or break up reflections—using film, paint, or BirdSaver decals or string to alert birds.
2. **Keep cats indoors** - Cats are estimated to kill more than 2.6 billion birds annually in North America. These predators instinctively hunt and kill birds even when well fed.
3. **Reduce lawn, plant natives** - Lawns and pavement don't offer food or shelter for birds and other wildlife. With more than 40 million acres of lawn in the U.S., there's huge potential to support wildlife by replacing lawns with native plantings to add interest and beauty, and provide shelter and nesting areas - resulting nectar, seeds, berries, and insects will sustain birds and diverse wildlife.
4. **Avoid Pesticides** - The continent's most widely used insecticides - neonicotinoids or "neonics" are lethal to birds and the insects that birds eat. Weed killers used around homes, such as 2,4-D and glyphosate (Roundup) are toxic to wildlife and has been declared a probable human carcinogen.
5. **Buy bird friendly coffee** - 3/4 of the world's coffee farms grow their plants in the sun, destroying forest that wildlife need for food and shelter. Sun-grown coffee requires using harmful pesticides and fertilizers. Shade-grown coffee preserves a forest canopy that helps migratory birds survive the winter. Too few consumers are aware of the problems of sun coffee and may be reluctant to pay more for environmentally sustainable coffee. Enjoy shade-grown coffee: it's delicious, economically beneficial to coffee farmers, and helps more than 42 species of North American migratory songbirds that winter in coffee plantations, including orioles, warblers, and thrushes.
6. **Protect our planet from plastic** - 4,900 million metric tons of plastic have accumulated in landfills and in our environment worldwide, polluting our oceans and harming wildlife such as seabirds, whales, and turtles that mistakenly eat it, or become entangled in it. Plastic takes more than 400 years to degrade, and 91% of plastics are not recycled. At least 80 seabird species ingest plastic, mistaking it for food. Avoid single-use plastics including bags, bottles, wraps, and disposable utensils. It's best to choose reusable items, but if you do have disposable plastic, be sure to recycle it.
7. **Watch Birds and Share What You See** - The world's most abundant bird, the Passenger Pigeon, went extinct, and people didn't realize how quickly it was vanishing until it was too late. Monitoring birds is essential to help protect them, but tracking the health of the world's 10,000 bird species is an immense challenge. To understand how birds are faring, scientists need people to report what they're seeing. Without this information, scientists will not have enough timely data to show where and when birds are declining. Enjoy birds while helping science and conservation: Join projects such as [eBird](#), [Project FeederWatch](#), a [Christmas Bird Count](#), or a [Breeding Bird Survey](#) to record your bird observations. Your contributions can provide information to show where birds are thriving—and where they need our help.

A Moment in Pressed Flower History...



Why is there a picture of a formidable man from the 16th century in our newsletter? Meet Lucca Ghini, an Italian physician and naturalist and considered the first person to press plants. He pressed plants between pieces of paper and then glued the plants to cardboard. He used them to create an herbarium--a collection of preserved plant specimens and associated data used for scientific study. Ghini taught classes to medical students on which plants had medicinal properties and which ones were poisonous. During the summer he used his botanical garden (the first known one) and in the winter he used the herbarium for this purpose.

Why not help us continue Ghini's efforts - it doesn't have to be an herbarium - and join us at our workshop on November 4th at the Giant in Camp Hill, 9am-noon. And, don't forget our Sale Table at the Benefit and at the Regular Meeting on December 16th.

Karen Schwarzbauer, Pressed Flower Designers Chair

Thank you all



I have been very touched by the outpouring of love and support for our entire family on the death of our daughter, Michelle Rubin. During her 13 months of treatment for ovarian cancer she was the epitome of courage, strength, positivity and faith, always greeting everyone with a smile and upbeat "Hey there!" She will be remembered and missed by even more than the 1,000 who came to the visitation and memorial service for her.

Many of us shared our pride in Penn-Cumberland Garden Club for their creativity in making 20 beautiful and natural centerpieces for the tables at the luncheon after the service. And then they generously left them for the going-away luncheon for the pastor at Camp Hill Presbyterian a few days later after which they were thrilled when told they could take them home to enjoy. They asked me to convey their gratitude for your efforts and generosity.

Club member Terri Maclay outdid herself with a gorgeous and magnificent arrangement for the front of the sanctuary, and also a wonderful one created in a long toolbox of Michelle's. She also created her signature "weed wreath" as a gift to me from all of you. Special thanks!

Thank you. Thank you. I am so proud to be a member of PCGC and grateful to be surrounded by you at this unimaginable time in my life.

Ann Markley



Penn-Cumberland Garden Club – The Flower Press
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Newsletter Deadlines: January-February newsletter deadline is December 1st

CALENDAR OF EVENTS

- October 21 - PCGC Monthly Meeting – Doors open at 9 a.m., Speaker at 10 a.m. – Camp Hill Borough Building
- October 23 – Travel Committee excursion to Ned Smith Center for Nature and Art, meet at 8 or 9 a.m. at CH Borough
- October 28 – Floral Design Workshop – 10 a.m. to Noon – Giant in Camp Hill, Second Floor
- October 31 – Conservation Committee – 9:30 – 11:30 – Giant in Camp Hill, Second Floor
- November 1-3 – Landscape Design School, Course I, Lancaster, PA
- November 4 – Pressed Flower Designers, 9 a.m. to Noon, Giant in Camp Hill, Second Floor
- November 11 – Horticulture Committee Meeting, 8:15 a.m., Giant in Camp Hill, Second Floor
- November 11 – Board Meeting, 9 a.m. to 10:30 a.m., Giant in Camp Hill, Second Floor
- November 11 - Civic Beautification, 10:30 a.m. to Noon, Giant in Camp Hill, Second Floor
- November 13 – District IV Board Meeting hosted by Hanover Garden Club
- November 21 – Conservation Meeting, 9:30 a.m. to 10:30 a.m., Giant in Camp Hill, Second Floor
- November 22 – **Deadline for Benefit reservations**
- December 2 – **Fiftieth Annual Benefit**, doors open at 9 a.m., Radisson Hotel, Camp Hill
- December 9 – Horticulture Committee, 8:15 a.m., Giant in Camp Hill, Second Floor
- December 9 – Board Meeting, 9 a.m. to 10:30 a.m., Giant in Camp Hill, Second Floor
- December 9 – Civic Beautification, 10:30 a.m. to Noon, Giant in Camp Hill, Second Floor
- December 16 – PCGC Monthly Meeting – Doors open at 9 a.m., Speaker at 10 a.m. – Camp Hill Borough Building

